## The Emergency Preparedness Kit

Begin with a waterproof box or container with a tight fitting lid. Put in non-perishable food and a gallon of water per person per day to last three to five days. The kit should also include the following essentials:

- Water purification kit or bleach
- First-aid kit and first-aid book
- Baby supplies and formula
- Non-electric can opener
- Anti-bacterial hand wipes or gel
- Blanket or sleeping bag per person
- Flashlight and extra batteries
- Portable radio, National Oceanic Atmospheric Administration weather radio or television, and extra batteries
- Essential medications
- Extra pair of eyeglasses
- Extra house and car keys
- Fire extinguisher ABC-type
- Food, water, leash and carrier for pets
- Cash and change
- Seasonal change of clothing, including sturdy shoes

Questions about Hurricane Awareness Week activities or hurricane preparedness can be directed to county or state emergency management agencies. Preparedness information is available on the Internet at <a href="https://www.ncem.org">www.ncem.org</a> or at the national hurricane awareness site at <a href="http://hurricanes.noaa.gov/">http://hurricanes.noaa.gov/</a>